

Depression and Bipolar Support Group Starting at PPRC



Petaluma Peer Recovery Center is starting a depression and bipolar support group. If you or a loved one is struggling with a mood disorder and would like the peer support of others like yourself, you are invited to join us. We will be meeting on the second and fourth Wednesday of the month at 10:30am - 11:30am. We meet at Petaluma Peer Recovery Center in the group room.

Location: Petaluma Peer Recovery Center

5350 Old Redwood Highway, Suite 600, Petaluma, 94952 CA

Time: 10:30am - 11:30am

Dates: Second and fourth Wednesday of the month

- January 9th and 23rd
- Feb 13th and 27th
- March 13th and 27th
- April 10th and 24th
- May 8th and 22nd
- June 12th and 26th
- July 10th and 24th
- Aug 14th and 28st
- Sept 11th and 25th
- Oct 9th and 23rd
- Nov 13th and 27th
- Dec 11th and ~~25th - Christmas Day - No Group~~

Contact: Carol West
Peer Support Coordinator

<https://petalumaprp.wordpress.com/>

707) 565-1299